

Chicken and Pink Lady® apple satay





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Ingredients:

- Chicken fillets
- Tenderstem broccoli
- Pink Lady® apples, cubed
- 200ml coconut milk
- 15ml Thai red curry paste
- ✓ 45 ml peanut butter
- one lime

Method:

- 1. Pan fry the chicken fillets, cut into strips
- 2. Skewer strips of chicken, broccoli and cubes of Pink Lady® apples on kebab sticks
- ${\bf 3.}~{\rm Simmer}~{\rm coconut}~{\rm milk}~{\rm with}~{\bf 10\text{-}15ml}~{\rm Thai}~{\rm red}~{\rm curry}~{\rm paste}~{\rm until}~{\rm slightly}~{\rm thickened}$
- 4. Add peanut butter and the juice of one lime and simmer until thickened
- 5. Serve with sauce





